Mind Trick

November 9, 2019 Joseph Arnone

Mind Trick is a teen drama monologue that explores how one deals with strange thoughts and erratic behavior within ourselves.

Male/Female: Sometimes I feel like I'm not normal...what is normal anyway, right? I guess, like everyone else. I get stupid thoughts sometimes. I keep them to myself because I don't want anyone thinking I'm a weirdo. I wonder if everyone gets strange thoughts but just don't want to admit it. I think we all get strange thoughts. You want to know what kind of thoughts I get? (beat) Well, I can't tell you cause, it's too embarrassing. It is. I just can't. I mean, you ever have a thought where your mind just wanders off into some unknown world and it captivates you for a minute or two and suddenly you snap out of it because you realize that it's a messed up thought?

That's as far as I want to go with it, with what I'm telling you cause it makes me feel funny discussing this but do you, honestly; do you ever—does your mind ever play tricks on you?