

Thesis :

<b>First Coping Strategy</b>	Quote from Brozo (example or definition)	Commentary
	Example from NOW	
	Example from NOW	Commentary
<b>Second Coping Strategy</b>	Quote from Brozo (example or definition)	Commentary
	Example from NOW	
	Example from NOW	Commentary
<b>Third Coping Strategy</b>	Quote from Brozo (example or definition)	Commentary
	Example from NOW	
	Example from NOW	Commentary

Conclusion: